



## Theresa Oanh La

January 31, 2019

Fraser would like to thank all of the doctors and nurses at Sunnybrook Hospital; Dr. Ko (Oncology), Dr. Law (Naturopathic College), Dr. Bin, Dr. Landry. Markham Stouffville Hospital; Dr. Day and the team of nurses and medical staff in the Palliative Care, absolutely amazing, Ambulatory 4, Dr. Popa, Lizz with two Z's and her fellow colleagues and nurses.

# Comments

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“ Hi my baby, how are you? I hope your fine. I miss you so much! Your seared into my heart. I love you with my soul and think of you always. My tears fall every day missing you! Sometimes I feel like your hugging me when I cry for you! Yours forever your husband and best friend and soulmate. Your Fraser.xoxoxo

Fraser Lucy - husband - September 24 at 01:23 PM

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“ Theresa my love, my soulmate, my best friend, my lover, my wife. I miss you so much and cry every day over my loss of you. I know your in a better place in heaven and I'm so thankful you don't have to go through the pain and suffering that you went through but my life feels so empty without you! All my love you you my sweet angel forever. Your husband and soulmate forever, your Fraser xoxoxo xoxoxo

Fraser lucy - September 03 at 06:55 PM



“ Hi my Love  
Thinking of you as always. Miss you so much. I have so much hurt and loss in me sometimes I don't even know how I get up each day. I love you so much there are no words to define how much. My heart beats for you every minute of every day of every week! You know how I feel and I know how much you love me too. The same. All my love to you forever, your soulmate and husband your Fraser xoxoxo xoxoxo

Fraser Lucy - September 16 at 02:57 PM

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“ Happy Birthday to my dearest Theresa,you would be 59 today.  
Not a day goes by that I don't shed a tear for you and miss you terribly.ill love you for infinity and forever hold you in my heart.Till we meet again and are together again your husband and soulmate, your Fraser xoxoxo

Fraser Lucy ( husband) - May 13 at 08:19 AM



“ My Dearest Theresa , I cry every day missing you. Every thing I come across reminds me of you. I went out into the backyard today and the mint you planted is growing like crazy. I picked a leaf and smelling it and thought of when you would use your little hands and work so hard making you Vietnamise rolls with the ricepaper, dried pork, shredded lettuce,ginger,and mint leaves from the garden. Roll them up and dip them in fish sauce mixed with shredded carrots. You would make loads of them for us while we ate you rolled more just for me as they were so light and wonderful like you. I cried thinking about all the things you did for me because you loved me so much. I am so heart broken. Times I just feel like jumping in the car and hoping I'll find you again like it's all been a bad dream.i love you so much it hurts every day. Sometimes I feel like I'm dying inside because the loss of you is so great. No one will ever fill me like you did. I miss you so, your soulmate, your

husband, your Fraser always. Xoxoxo xoxoxo



Fraser Lucy- Husband of Theresa La - June 02 at 06:30 PM

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“ It's been just over a year since I buried my beautiful wife Theresa. I've cried every day missing her. I still can't believe she is gone. I miss her as much as the day she passed in my arms. Not a day goes by on how lucky I was to had known her and been married to her for 17 years. She brought out the best in me and was a loving and loyal wife , best friend and soulmate. She is my truly only soulmate and will always be that. They say married to death do you part. When I die I want to be married again in heaven to my Theresa till all eternity. My heart will always be hers. Love you my sweet, sweet baby. Yours forever, your Fraser xoxoxo

Fraser Lucy (husband) - February 15 at 07:59 AM

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“ Theresa's friends at SGI Canada will be holding a memorial celebration on Sunday March 17 at 2:00 pm at SGI Canada Culture Centre, 2050 Dufferin St., Toronto.  
Everyone is welcome to attend.

Theresa has been a vibrant and dedicated member of our organization and she is deeply missed. We are better for having known her. You are invited to come and share in remembering this wonderful woman.

Kate Greco - March 12, 2019 at 11:36 PM

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“ Theresa La used to work in the tax department at Wood Gundy with Yan Arkema, Dave Cieslowski and Cindy Crane.

Theresa knew her stuff. She was a fast talker and she had a sense of humour, somewhat nutty and cute. Just the way I like them. Theresa was a tremendous help to the advisors who were always full of simple, sometimes complex tax questions.

When she left Wood Gundy for TD Securities I was heart broken. My friend and personal tax slave had left me. No more fun and games mixed with business. (The perfect mix in my opinion.) You can call anytime she said. We went to lunch together in the ensuing years. Back when you could still go for lunch.

One day a friend of mine, who like Theresa I considered to be an exceptional human being in every respect, called me and asked if I knew of any financial planner positions that would interest him. I said, I will call a friend. I called Theresa. I asked are you looking for anyone? Does he speak French, she asked ? No, says I. Not

interested, she said. I asked, would you do me a favour and just see this guy? He's pretty exceptional. Oh, well alright, she said. She hired him after 30 minutes. I called her back much later in the day. I said, well? I hired him, says she. Was I right? Yes you were right. Oh God ! she added, totally exasperated.

She was such a card. In a word, she was beautiful.

I will miss her very much.

I just spoke to Dave Cieslowski and he was shocked to hear of Theresa's passing. He sent his heartfelt condolences to Fraser and family. He remembers her as zannie and genuinely caring person. (Ditto.)

Ian Weir

Ian Weir - February 11, 2019 at 06:17 PM

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“ I had the privilege of working with and knowing Theresa for many years. She was always exceptionally kind and supportive of others.

She had the gift of being able to connect with people and make a difference.

My sincere condolences,

Frans LeRoi

Frans - February 11, 2019 at 09:21 AM

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“ Theresa, you are a great person with a beautiful and generous heart. You have always inspired me with your cheerfulness, your high spirit and positive attitude towards life, and the way you cared about others. Even though you were ill yourself, you still thought of and was concerned about our friend who was not well. You never give up, always determined to win over your challenges! I am always going to miss your voice saying "Hey! How are you?" and the hugs you gave me when we met at the World Peace Prayer Meetings.

My sincere condolences to Fraser and Theresa's family.

Janice

Janice - February 10, 2019 at 11:49 PM

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“ Dear Theresa,  
Thank you for everything you've done for us, we're truly grateful for everything you've done. You were a very kind, positive and nice person and we will definitely miss you a lot.

Sincerely,  
Au Family

**Arnold Au** - February 10, 2019 at 06:29 PM

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“ You were always so full of enthusiasm & compassion. Your taro & coconut dessert shall be missed. Glad to have known you but wish we had more time to share & learn from each other. You shall be missed dearly. Go to your next path & find your adventures!

**Glendy** - February 10, 2019 at 09:52 AM

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“ Dear Theresa:

Wishing we can walk down the ravine of the 9th Line again  
Wishing we can pick the freshest head of kale in Ambrosia again  
Wishing we can chant together with hope and vigor again

Life extinguished  
Life well lived and cherished  
Life shall again begin

Your kindness  
Your strength  
Your forbearance  
Have illuminated the paths that we trek.

Truly and gratefully,  
Kathleen Lung

**Kathleen Lung** - February 09, 2019 at 03:01 PM



“ Theresa, you lived your life well. It was a great pleasure to have you in our midst. Your courage and bright smile gives us something precious to remember. At all times you extended to us your “joie de vivre” (love of life). Our take away is “It is the heart that matters” and yours was expansive.

My heartfelt sympathy to Fraser and Theresa's Family.

Celeste Ogé

**celeste Ogé** - February 11, 2019 at 11:14 AM

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“ Theresa 'my friend' you are gone too soon. I was blessed with the gift of getting to know you over 10 years ago through our work relationship which turned into a friendship 5 years ago when we both went through serious health issues at the same time and were there to console and support one another. In my career path, you were one of my biggest supporters and advocates...the world needs more kind and caring people like you ! I take solace in knowing that you are not suffering anymore. Fraser, my deepest condolences for your loss.

Theresa I send you love wherever you are.

Nicole Assee

**Nicole Assee** - February 09, 2019 at 11:33 AM

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“ My association with Theresa was limited to phone calls and the times she would be in Edmonton for Spring and Fall conferences. I agree with the other comments. She was upbeat and happy and always willing to help. She was always happy to be home in Edmonton. I will miss her!

Barry Monteleone

**Barry Monteleone** - February 07, 2019 at 04:04 PM

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“ I have known Theresa for over 6 years now and I can honestly say she was one of the nicest person that I have ever met. She was always so bubbly and cheerful and made the office and this world a truly better place. I don't believe that she had a bad bone in her body. She put up a brave fight and I am so sad that she had to leave this world so early. Her presence in the office will definitely be missed.

Fraser, I am so sorry for your loss, I can't imagine what you are going through. Although we have never met, Theresa has always talked very highly of you and was grateful for all the support that you have provided her over the years.

RIP Theresa

John Nicoletti

**John Nicoletti** - February 06, 2019 at 05:10 PM



“ Theresa and I met at TD quite a while ago and I'll miss her a lot. We got together for lunch frequently and in a lot of ways, Theresa was like my work mom. when we got together, we always started with what I called "the card" and then she would want to hear about the good, the bad and the ugly....she always provided me with the best advice and shoulder when needed.

Fraser, having lost my first spouse a few years ago, I understand the pain you're going through right now. I can tell you though that Theresa will be watching over and protecting you...and hopefully keeping my first spouse and mom, company.

Reg Bonfoco-Barrero-Martinez

Reg Bonfoco-Barrero-Martinez - February 06, 2019 at 02:52 PM

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“ Theresa my friend you are missed. I miss going to the Japanese restaurants on Steeles where we took the opportunity to laugh together. We talked about life and how you enjoyed teaching. Yes, you are a great teacher and communicator.

Fraser, my heart feels for you even though I cannot imagine the pain of your loss. Be strong and let it be known that Theresa is in a better place telling God how she can help organize things upstairs.

James Craig

James Craig - February 06, 2019 at 01:07 PM

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“ Theresa had the brightest soul and spirit. Theresa and I were office neighbours and shared a love of music, laughter, family and celebrating the same birthday! She was always ready with a sweet smile, kind word, never too busy and happy. She made the world a better place and will be deeply missed. Fraser, my sincere condolences to you and your family at this difficult time. May you find comfort in knowing how much she talked about you and your life together and the positive impact she had on anyone she met. I considered her a friend and will miss her deeply. I am comforted to have so many happy memories to keep her close. May she rest in peace. With deepest sympathy,  
Julie Armour



**Julie** - February 06, 2019 at 09:12 AM

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“ One of the most caring and sincere person I have ever met. We miss you TLa

**Audley** - February 06, 2019 at 08:32 AM

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“ So sad to lose Theresa, my dear friend for 20 years. Although Theresa is older than I but she always looks after me like a big sister. Always kind and considerate, willing to share her best with her friends, Theresa is both smart and beautiful, she lives herself a full life as she enjoys life to the last extent, never gives up. From her mouth I heard great story of her beloved husband who was by her side fighting against the illness,. Theresa was gifted with her spiritual understanding of her religion., feeling good and satisfying in her living. She will be deeply missed by all of us. Her attitude towards life has inspired many of us.  
May the fond memory of her beautiful face and character console the sadness of losing your beloved wife, Fraser.  
May Theresa rest in peace now  
Deepest sympathy and condolence  
Emily Cheng , from Vancouver

**Emily Cheng** - February 06, 2019 at 04:35 AM

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“ My last exchange with Theresa was about the office she and I would have shared. After recently moving in, I straightened out her things (which had been plopped down by the movers), found her TD office-plate, put it up outside with mine and sent her photos. Then:  
Theresa: Thank you for the photos. Wish I was there working with you soon.  
Stewart: Me too!  
That was the last time we communicated. It's heartbreaking now to look at her empty chair.  
Theresa welcomed me warmly on my first day, over two years ago. She was always available to listen and help however she could. It became clear she had so many friends at TD by doing just that. She was someone who could always be trusted to provide straight, sensible answers. She had a big, beautiful heart and a strong sense of integrity.

Aside from work, we often spoke about our beliefs. She was a Buddhist. I grew up a Preacher's Kid. We talked about meditation and prayer, her tradition's chanting practice and the choir I sing in. She invited me to the to join her and some members of her community in the Meditation Room at her home – so I could fully understand. Regrettably, that never happened.

Though I am happy to have visited with her last fall. She was struggling, but she was as feisty and funny as ever. It was good to see her smile, hear her laugh, and feel her hug...one more time.

It was also good to finally meet her husband, Fraser. The love between them was clear. He was taking time off from work to give Theresa the 24/7 care she needed. Her kindness obviously extended beyond work. When I arrived there was one friend visiting, and as I left another friend came in. Theresa was a rare and special soul.

-Stewart

Stewart Lewis - February 05, 2019 at 10:10 PM

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“ I am so sorry to hear of Theresa's passing. She was a most caring, kind and generous person. Theresa never said no to anyone and she never had an unkind word to say about anyone, unique qualities in this day and age. She will be sorely missed by her many colleagues and work family. Fraser may the good memories you have of Theresa console and comfort you during this difficult time.

Noemi

Noemi - February 05, 2019 at 01:42 PM

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“ As a work colleague, I always admired Theresa's work ethic and dedication. But even more, I will always remember her kindness and caring towards her colleagues, and bringing a smile to those around her every day. Theresa you will be sorely missed!



Charley - February 05, 2019 at 10:03 AM

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“ Fraser , Theresas Husband lit a candle in memory of Theresa Oanh La





**Fraser , Therasas husband** - February 04, 2019 at 05:17 PM



“ I just buried my beautiful wife today in her home town of Edmonton, Alberta. I was with her supporting the 5 years she fought cancer, when things really started going down hill I took time off work, Oct,4,2018. I was with her 24/7 all through the day and up most all nights. She died in my arms January, 31,2019 . Three days after my birthday in hospital, we had been in the hospital for 9 days, I stayed with her 24/7 there too. Three days before she passed , she with her psw Laura-Lee planned a Birthday Party for me. We had never done that before as anytime we wanted anything we would just go out and buy it. I told Theresa don't worry about it ( how could I even think about it when my wife was in this shape) but Theresa insisted in a very shallow voice and said you have done so much for me let me do this for you. So I respected her wishes, it was a double edged sword for me, and for her I enjoyed it though I cried inside. When Laura followed Therasas instructions she also picked up a couple of helium filled foil Birthday balloons, Therasas face and eyes lit up I'm pleased wonderment through her sickness. Theresa was happy her plan came together even better. Theresa couldn't eat anything but ordered for myself and Laura. That is and will be the only Best and most meaningful Birthday I've ever had. I stayed with Theresa after the funeral and rode in the hearse with her to the burial site. Its been a long 5 years but if she asked me to do it again? Id jump at it! You see if you really love someone it's not work. We have always had a Great Marriage and we are and always will be Soul mates and Best Friends, you see ,, she was my everything. Rest In Peace my love TIL I'm with you again.  
Fraser xoxoxo

**Fraser lucy, husband** - February 12, 2019 at 05:40 AM