



## Cathy Spegg

January 21, 2021

Cathy Spegg, born Cathleen McLaughlin June 6, 1945 passed away January 21, 2021 of natural causes.

Cathy will forever be missed by her partner of 18 years Marc Demouy, her sister Patricia Lariviere and the entire Lariviere family, Norman, Andy and wife Charlotte and wee Sofie, Ian and his fiancé Emily.

Cathy will also be missed by her first husband and friend Wolfgang Spegg and his niece Michelle Andrea Brown and by all in the Demouy, Beyersdorff, Furlan and Gerhards families.

Cathy was a Boston Massachusetts area girl, educated at Boston State College with her first job at The Smithsonian. She and her first husband moved to Canada in 1969 where Cathy then worked for CAMH for 45 years until her retirement in 2016.

Cathy was a beautiful soul, kind, generous and loved by so many of our friends, too many to mention all, you know who you are.

Cathy will be cremated and her ashes will be kept until circumstances will permit us to hold several Wakes in Toronto, Montreal and Boston. Please visit [www.aftercare.org](http://www.aftercare.org) to view photos and share memories.

In lieu of flowers, we would appreciate donations to either Doctors Without Borders, Amnesty International, UNHCR or any Nature Wildlife conservancy organization of repute.

# Tribute Wall

MD

“ 1 file added to the tribute wall



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**Marc Demouy** - February 23, 2021 at 04:48 PM

MD

“ 1 file added to the tribute wall



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**Marc Demouy** - February 05, 2021 at 02:06 PM

VD

“ *Marc, this sad news came as a big shock to us... I am so sorry it was all so sudden... I will always remember Cathy as such a welcoming, generous, humble and kind person. My deepest condolences during this difficult time. Take good care dear friend, Val xo*

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**Valérie Dubreuil** - January 31, 2021 at 07:46 PM

MM

“ *What a shock! I will miss Cathy so. Always a smile and kiss for me. Morning coffee, giggles and news of the day. Sharing memories and laughs. Thank you for all your love and support. Thank you for the hot meals and warm bed. You will be greatly missed by all who had the pleasure of knowing you. xo*

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**Mack MacKenzie** - January 31, 2021 at 07:35 PM

MD

“ *Hi Marc,*

*Very sad news, my sincere condolences.  
I always enjoyed my interactions with Cathy a very bright lady, that always had a warm smile.  
As you know more than anyone else Cathy took her job very seriously, and honestly I don't think you could ever find a better Guarding Angel.*

*Rest in Peace Cathy.*

*Be well and stay safe Marc.  
Nando @ CAMH*

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**Marc Demouy** - January 29, 2021 at 02:25 PM



“ Thinking of Cathy's friends and family in this difficult time. Both my wife and I worked with Cathy at CAMH for many years. She used her considerable skills and knowledge to support so many over the decades. She contributed to countless academic papers investigating the challenges of mental health. I've had the good fortune to work with so many interesting people over the years, but there was only one Cathy Spegg.

*May her memeory be a blessing to you.*

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**John Fernandes** - January 28, 2021 at 09:31 PM



*Thank you, John, for your memories. I am Cathy's niece, and I remember well her windowless office at the Clarke Institute. Her knowledge of statistics was amazing to me. Thank you for your kind words.*

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**Michelle Brown** - January 30, 2021 at 10:04 PM

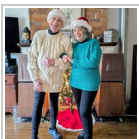
IR

*I am supporting John words - It was only ONE Cathy Spegg*

- What a lovely person you were, Cathy!*
- You will be deeply missed.*
- May your soul be in peace!*
- Love*
- Irena*

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**Irena** - January 31, 2021 at 01:33 PM

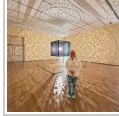


“ *Friend of Cathy since 1965, best man at her first wedding. I have many happy memories of living with Cathy and Wolfgang for many years. My condolences to Marc, Pat and their families.*

*Carl ( Van ) Stacy*

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**Van Stacy** - January 28, 2021 at 04:57 PM



*Carl! Thank you for your kind words. I'm sure Wolfgang would love to hear from you. Email me at [michelle@shipyardart.com](mailto:michelle@shipyardart.com) and I can give you his contact info.*

**Michelle Brown** - January 30, 2021 at 10:05 PM

JP

*“ Dear Marco.I feel so fortunate to have been able to converse with Cathy...the love of your life...my deepest condolences on your loss...you will meet again.Love to you and yours, John.*

**john pybus** - January 28, 2021 at 04:35 PM

 Bonnie Beyersdorff

*“ Dear Marc: We are so sorry for your loss. It's only been a few years since we enjoyed meeting You & Your Mom here in WI & finding out that You and Bruce are Cousins. We had so looked forward to meeting Cathy one day, but even though that did not happen we felt that we already knew her heart because of the pictures that you had painted with words in sharing your love for her. Hope you can find comfort in your Beloved Kathy being at Peace.*

**Bonnie Beyersdorff** - January 28, 2021 at 03:45 PM

SJ

*“ Dear Marc, so very sorry to hear about Cathy's passing--sending you continuing strength and treasured memories for your time together, Clearly you have so many caring for and supporting you through this very tough time, Susan James (Yvonne's friend)*

**Susan James** - January 28, 2021 at 10:30 AM

MD

“ Lieber Marc,

*ich liebe dich. Ich habe deine Liebe für Cathy in jedem deiner Worte immer ganz intensiv spüren können. Ich bin so froh, dass du sie kennengelernt und lieben gelernt hast. Dass ihr beide euch getroffen und gefunden hattet. Dass ihr beide diese Liebe zueinander geteilt habt.*

*Dieses Gefühl ist ganz warm in mir. Auch wenn ich gerade weinen muss. Ich liebe dich. Behalte deine große Liebe zu Cathy in deinem Herzen und trage sie weiterhin mit dir.*

*Take good care of you. Weine, wenn du weinen musst. Lache, wenn du lachen musst.*

*Ich wünschte, ich könnte da sein und dich ganz fest umarmen.*

*Kerstin Gerhards*

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**Marc Demouy** - January 27, 2021 at 03:21 PM

SW

“ *What a wonderful memory page to add to your thoughts of your loving Cathy.*

*We especially appreciated the musical Simon and Garfunkel choice with accompanying photos so show a full life lived.*

*What an wonderful choice and visual tribute of Cathy's life.*

*Thanks to you and Michelle for organizing and digitizing the many photos in your collections. It was a real tear jerker for sure as we watched and listened.*

*Cathy we will miss you but are happy you were in our lives for as long as you were able.*

*Our lives were enriched.  
Take care Marc.*

*Thinking of you with love.*

*Sue and John Wessenger*

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**sue wess** - January 27, 2021 at 02:21 PM

MD

*Thank you for your kind words. The song is "Kathy's Song"*

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**Marc Demouy** - January 27, 2021 at 03:05 PM



*Thank you so much, John & Sue. We had so many great memories at the Wessenger Cottage on Lake Rosseau. Let's stay in touch. Love, Michelle*

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**Michelle Brown** - January 30, 2021 at 10:07 PM

GJ

“ We will always remember the wonderful days we spent together in canada, germany, on sardegna in italy and in orlando in the us.

*Farewell cathy, lol*

*Gina and Joerg*

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**Gina and Joerg** - January 26, 2021 at 08:50 PM

MD

*Thank you Joerg & Gina, Lots of Love*

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**Marc Demouy** - January 27, 2021 at 03:07 PM

MH

“ Hey Marky,

*I hope that in this trying time you feel surrounded by as much love as you and Cathy gave each other. My most sincere condolences,*

*Love,  
Mark H :)*

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**Mark H Horonczyk** - January 26, 2021 at 08:17 PM

MD

*Thank you Mark*

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**Marc Demouy** - January 27, 2021 at 03:08 PM



“ *Bonjour Marc,  
Toutes mes pensées sont avec toi.*

*Gros calin*

*Nathalie et Max*

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**Nathalie Hamel** - January 26, 2021 at 03:21 PM

MD

*Merci Nat et Max*

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**Marc Demouy** - January 27, 2021 at 03:08 PM



“ *Bonjour Marc,  
Quelle triste et injuste évènement.  
Comme ton coeur doit être dévasté..  
Joanne, Charlotte et moi, sommes avec toi.  
On pense à toi...*

*JP*

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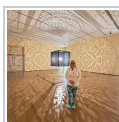
**John Mcarty** - January 26, 2021 at 07:44 AM

MD

*Merci JP*

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**Marc Demouy** - January 27, 2021 at 03:09 PM



*Merci beaucoup pour vos beau mots. La nièce de Cathy, Michelle.*

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**Michelle Brown** - January 30, 2021 at 10:10 PM



“ 1 file added to the album Memories Album



Michelle Brown - January 25, 2021 at 09:36 PM

MD

Well done Mitch

Marc Demouy - January 26, 2021 at 11:05 AM

PF

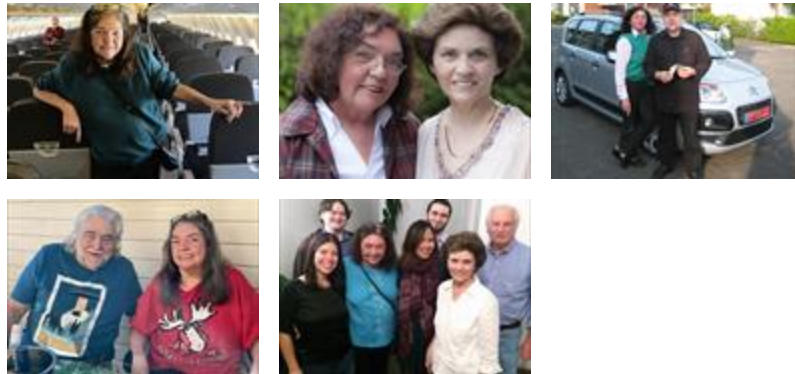
“ Beautiful pictures of Cathy confirming the great moments she had with you, dear Cousin!

Manon and Patrice

Patrice Furlan - January 25, 2021 at 05:24 PM

MD

“ 16 files added to the album A Life in 16 images



marc Demouy - January 25, 2021 at 03:01 PM



“ 1 file added to the album *Memories Album*



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**Michelle Brown** - January 24, 2021 at 06:17 PM