



Janis Maureen Murray

March 15, 2022

MURRAY, JANIS MAUREEN (B.A., Osteopath, RMT)

May 17, 1955 – March 15, 2022

It is with great sadness that the family and friends of Janis Maureen Murray announce her passing on Tuesday, March 15, 2022, following a long and courageous battle with cancer. Jan was 66 years old.

Jan will be forever remembered for her generous spirit, her sense of vitality, her colourful style, her vivacious laugh, her loyalty to friends and family, and her lifelong commitment to education, fitness, and wellness.

Jan was born in Walkerton, Ontario, the youngest of eight children born to Wilfrid and Antoinette “Nettie” Murray (née Albright). After university, Jan lived and worked in the Greater Toronto Area.

She received her Bachelor of Arts degree in Philosophy from the University of Guelph in 1978 and continued her education with a diploma in Dance Therapy Studies from York University in 1980 and a Fitness Specialist diploma from George Brown College in 1985. Jan attended the prestigious Sutherland-Chan School of Massage Therapy and established her Registered Massage Therapy practice in 1995. Jan became a certified Pilates instructor and

integrated those principles into her fitness therapy. In 2004, she earned her Osteopath designation from the Canadian Academy of Osteopathy & Holistic Sciences.

Janis will be lovingly remembered by her siblings Dennis (Donna), Dianne (Ken), Carol (Roy), Ken (Beverly), David (Ruth), Doug (Mary Anne), and Wilfrid (Arlene), along with numerous nephews and nieces, friends, clients, and the community at the Fairways Condominiums in Mississauga. She is predeceased by her sister Brenda (Brian) and her parents.

A Celebration of Life will be held later this year at the historic McMaster House, next to the Fairways Condominiums.

Memorial donations in Jan's name may be made to the Canadian Cancer Society (www.cancer.ca).

Tribute Wall

PM

“ *i had known lovely Janis since our high school days in Walkerton so many years ago. with a move to British Columbia we had lost contact; on a whim had 'googled' her when i discovered the sad news of her passing.*

Janis was a bright star spreading light and joy to all who were fortunate enough to be in her sphere. God bless and hold you safe dear Janis. You are loved. Peter Meyer, Victoria BC



Peter Meyer - August 28, 2022 at 01:06 PM

KS












“ *Jan and I met in Calgary when she was living there for a short while. She and I were pursuing Osteopathic training at the same time. I will remember her warmth, curiosity, grace, intelligence, and humour. We lost touch but strangely, thoughts of her occupied my thoughts a few months ago and I did nothing with the phone number she has had forever.*

Next time I check, just a few days ago - her obituary. Dammit. I will pay attention to those nudges going forward.

*Thank you for the thoughts and stories. An old friend appreciates it -
-Kristine xo*

K Sigurdson - May 28, 2022 at 10:58 PM

CS

“ My beautiful friend Jan . I remember when we met some 23 years ago and I received my first massage treatment. You would say “lift your beautiful face” as you would place the sheet just where you wanted it. Your beautiful healing hands carefully and gracefully relaxing my strained sore muscles always leaving me rejuvenated and yet coming back for more!  You would reprimand me in your caring way saying ... “you need to stop carrying that baby girl of yours”(Nicola was already 18 months at the time). 
I remember how you would push me to improve my strength in our pilates one on one coaching ... your words “your going down”!!! Often left us in Giggles and laughter in the midst of the hard effort on both our parts! And ohhhh the combination of the osteopathy treatment with massages were out of this world - you were the best Jan! Thank you for sharing your gifted healing hands as you treated my daughter and spouse  Jan. you will always be the best in my heart for so many reasons 
I remember the crazy time we drove down the busy intersection in downtown Toronto making our way to the Ontario Place to catch a concert on the lawn. Summertime fun.  You were such a brave sport trusting me as you sat on the back of my Vespa weaving in and out of 5 pm Toronto traffic. I remember again our next rendezvous at the Budweiser Stage at Ontario Place we were rock n rolling to see Journey and the Doobie Brothers!  
Your star  shining so brightly as you got up on the grass and busted a few moves!!
Yes Jan, these memories and many others I will continue to keep near and dear to my heart. I have loved you so much and will miss you so much. I will miss your uncanny Mrs. Doubtfire
HELLOOOOOO  accompanied with your huge welcoming smile and warm hugs! I will miss your voice saying “hi gorgeous you look great!”
Jan, our exchange of communication on Valentine’s Day 2022 was a gift  you inquired about Nicola who was due in the coming month to have her first child - you stated “a new little soul is soon to appear”. God brought baby boy Thomas to our lives March 16 2022; sadly you did not get to meet him.

May your beautiful soul be resting in the presence of Angels 🌈
Jan, I want you to know that you have been a blessing to me and so many other people. Your beautiful soul will always be remembered.
💋💋 🙏 Pinto Grigio your favourite of course 😊🦋
Vaya Con Dios 🙏 Looking forward to gather on the occasion of the celebration of your beautiful life and share more memories. I am sure you will be watching from above. 💋💋



Carolyn Solis - March 23, 2022 at 02:29 PM

KM

“ This past week has been very sad & difficult, for all who knew Jan, our friend, who was a spirit & joy to know.

We were fortunate to know Jan for 7 years, a short time in her life, but very special to us.

We will always hold close to our heart, our memories of all the fun times we had together.

We will miss you terribly.

Rest in peace, our friend and know that you were loved. Ken & Kelly

Our thought and prayers are with Dianne and all the family at this very sad time.

ken mccullough - March 23, 2022 at 12:04 PM

BA

Jan. The first friend I made in Toronto and enjoyed every day fr years. Missing our special afternoons on ur patio, cooking & drinking with so much joy. Now joining our Adam, Evelyn, Robert et al. Who wd have think it? Never ever !! rest dear friend in Jesus' peace. 🙏🙏🙏

babs - December 06, 2025 at 08:25 PM

MO

“ *I remember meeting Jan years ago when I first came to live at Fairways, her infectious smile, sense of humour and her zest for life. Every Saturday morning I would look out my window and see Jan, along with the Fairways tennis team playing away. She loved her little patio out the back, planting her summer flowers and herbs, which we all envied that she had an outdoor space. A lot of great dinners, wine drinking and problem solving was done on that patio. No matter when you met Jan, whether she was in a good or bad mood, her smile never changed. She never forgot a birth date, a special occasion and was up for anything fun. We had so many great Fairways events including our outside BBQ's throughout the summer months, where everyone would bring down their respective food, people would stop by and chat and eventually depending on what you were making everyone would share with others. We will miss you my dear friend, however, you will never be forgotten. A photo of one of our regular BBQ's at the Fairways is attached. Take care my friend, I'm blessed our paths crossed in this life and pray you are now finally free from all your pain and suffering. Love
Monica*



Monica - March 22, 2022 at 03:51 PM

MR

“ *What a very special Person... All of us "neighbours" at Fairways will miss Jan, and her perpetual smile, loving kindness, humour, good will, caring, positive attitude, go get em manner and on and on. Jan went through a lot over the last while, and was on our mind and in our prayers. I'm sure she will find rest and everlasting peace now, and be free of pain and the suffering that she has endured so bravely. We will miss her immensely, and will be sure to raise a glass (or many) as we start to "socialize" at our BBQ haunt in the coming months. What a special honour it has been to count Jan as a friend for these past 7 years. Joan and Mike*



Mike Read - March 19, 2022 at 02:43 PM

KD

“ *I've been thinking about what to write about Jan for the past couple days now but have been at a lost for words. Jan would always call me her twin ever since she found out me and her had the same birthday, May 17. Over the last 9 years of working at the fairways, it would always brighten my day to see Jan drive by in that bright orange car and smile at me. The fairways will not be the same without her and I will certainly miss the pleasant conversations I Had with her. May she Rest In Peace - Kyle*

Kyle Dickey - March 19, 2022 at 12:53 PM

RH

“ *Saddened to learn of Jan's passing. I will always treasure the memories we made in our younger life.*

Randy Hughes - March 19, 2022 at 10:12 AM

CH

“ Joe and I are away but we took memories with us. They sustain us now. Jan enhanced our life and all who knew her. She will be forever missed. I will always remember my beautiful friend in her little orange car, hair flying, red lips smiling....and I know she is at peace. 🚫. Clare 😞

clare Horvat - March 17, 2022 at 04:08 PM

MT

“ Jan had an infectious smile. Always the life of the party. We will truly miss her.
All our love Meri and Tony



Meri and Tony - March 17, 2022 at 12:14 PM

AA

“ I met Jan in 1995 in a Pilates class. A friend in joy and sadness. Jan was always true and contagiously passionate. I am grateful to have had Jan in my life. The only invitation she did not accept was to the cottage. No way would she go! I will miss you immensely, Jan!
Thank you for your friendship.
Adriana



adriana arevalo - March 17, 2022 at 03:27 AM

GP

“ Jan was just a wonderful, outgoing and a fun person to be around, enjoyed playing tennis with her at Orchard Heights with her amazing shots. She will be sadly missed at the Fairways. My sincere condolences to the family.

Gerry Petty

Gerry Petty - March 16, 2022 at 06:44 PM

CA

“ Summer 2020 was one of many times Jan and I were out on my patio sitting in the dark chatting and it started to rain without any wind, coming straight down. We watched the rain and realized that we weren't getting wet. The rain was coming down hard but didn't touch the patio. I stood up and stretched my arms out and my hands were in the rain. We had fun with this and it was truly amazing. We watched this for about 2 hours. The rain was still coming straight down when we went inside. Jan said she had never experienced this before and neither had I. There are no trees near our patio and no shelter. I commented that this had to be a gift for her and I from God, and she agreed.

We have also had many wonderful conversations and laughs for almost 15 years as next-door neighbours and good friends. Albert and I will "Greatly" miss our Jan!

Carolyn - March 16, 2022 at 05:47 PM

DG

“ 5 files added to the tribute wall



David Guerin - March 16, 2022 at 02:12 PM

DG

“ 1 file added to the tribute wall



David Guerin - March 16, 2022 at 01:58 PM