



Mrs. Marie Catherine von Rosenschild Paulyn

July 17, 2017

Marie Catherine von Rosenschild Paulyn (née Sobarnitsky)
September 10, 1927 Bayonne France - July 17, 2017 Toronto Canada
Marie died peacefully in her sleep at home several weeks after being diagnosed with terminal cancer. She was ready to embrace her new adventure with curiosity and elegance – the way she lived her almost 90 years. Marie was extremely grateful for the long and full life she led. She leaves behind her children Dimitri (Yoon Hee), Hélène (Ron), and Katherine; her grandsons Justin, Nick (Allison), Alexander (Sarah), Phillip (Alanna), Pearce (Emma), her special granddaughter Maxine and three great-grandchildren Charles, Taylor and Emily. She was very appreciative of the lovely week-long visit she just had with her sister Olga from France and the many recent Skype calls with her brother Vladimir and other French relatives. Marie's spirit touched many lives in different ways with profound effects. From a very rich cultural background that married her Imperialistic Russian roots with her French upbringing Marie had a unique and cosmopolitan perspective

that combined to define her loyalty to Canada where she chose to live these last sixty-five years.

Her insatiable interest in new adventures started as a young bride and mother of

two, first arriving in Montreal from Paris by Cunard steam ship R.M.P. Scythia. When her husband Nicholas was transferred to Toronto in the late 1950s, her three children were of school age and so she too looked for new challenges.

She

quickly turned her artistic and sewing talents to making beautiful clothes and crafts. Handmade dolls were her specialty though her passion was making costumes for masquerade balls they loved to attend....as well as creative Hallowe'en outfits where her vivid imagination was given free reign. An actress

with the Toronto French theatre group, "Les Tréteaux de Paris" Marie was often

cast in a role as the beautiful and stylish person she was...on the stage and off.

Marie began her modelling and acting career with television commercials for coffee, soaps and even cigarettes (as a non-smoker Marie laughed how she "smoked" on camera 😊). Later when she was hired as the Colour Consultant

for Robson Lang Leathers (Oshawa) the fashion world became Marie's stage. She regularly travelled globally to all the fashion capitals of the world, absorbing

and forecasting colour styles for leather shoe, handbags and accessories manufacturing. She was on the Executive for many years of the Fashion Group

in Toronto where her elegance and eye for style were much appreciated.

When

that chapter ended as did her marriage, Marie drew on her lifelong passion for

eastern philosophies and practices to qualify as one of the first female yoga teachers in Toronto...a pioneering role for a woman in the early 70s.

Over forty-five years ago in Toronto, yoga was far from mainstream. In fact, at the time, Marie was being offered a government job in Ottawa, and was told by

the hiring official, that it was conditional on her giving up that “weird” practice of

yoga...something they did not want linked to the role. Marie chose yoga and over

the decades became a respected and renowned teacher and leader in Canada.

She held executive positions in FOYT (Federation of Ontario Yoga Teachers), taught, inspired and certified hundreds of teachers and students..right up until mid-May!

In keeping with her sense of discovery and lifelong learning, Marie actively led monthly ‘Enquiring Minds” discussion groups at the Wychwood Library. Her research into esoteric subjects and everyday phenomena was rigorous.

Physics

and psychology were her favourites. She also animated many a ‘Ulyssean Society” meeting with her deep knowledge and life experiences.

The family thanks all of the compassionate CCAC staff, SRT supporter Emma, Sandy Thompson, NP, Dr. Jessica Roy from Dorothy Ley Hospice and Dr. Henny

Rappaport, Marie’s family physician and friend of forty years.

Cremation has taken place. A celebration of Marie’s life is planned for September. No flowers please but if desired, a donation to CAMH or West Toronto KEYS to INclusion, (where Marie’s granddaughter attends) or a charity

of your choice in Marie’s name would be greatly appreciated by the family.

Namaste!

Tribute Wall

GD

“ *Just shared and autocorrect misspelled Marie's name!!!*

Gordeen Donovan - November 05, 2021 at 02:11 PM

GD

“ *I had been doing searches for Marie off and on for several years and today found her here. I thought she may have passed as I was aware of her years.*

I first met Marie Paulin in 1973 when I enrolled in a class at The Yoga Studio which was on Yonge St., South of Ellington.

I had been diagnosed with an osteo arthritis 2 years earlier at 29 years of age and Marie, who was one of the most delightful souls, helped me to basically redo much of my body and this led me to psychotherapy, acupuncture, meditation, all manner of positive methodology.

In 1979 I trained in Marie's Yoga Teacher Training program and became a Certified Yoga Teacher.

Marie became friend, assisted me in many ways, We met for lunch, enjoyed each other.

Our paths diverged when I trained to become a psychotherapist and later a Spiritual Teacher and

though we rarely saw each other I've always felt

Our strong connection.

I love her, I thank her for her love, wisdom and

Integrity. I am quite certain she will have met my beautiful daughter who also transitioned on January 12th, 2020. MY daughter attended her classes also at 7 and 8 years old.

I look forward to meeting again Marie!!



Gordeen Donovan - November 05, 2021 at 02:08 PM

MM

“ Marie - a wise and elegant teacher. After a few years have passed - I come across her booklet and it reminds me of her tremendous influence. A gem. How fortunate I was to cross paths. Margaret MacLean

Marg McCann - March 11, 2020 at 09:23 AM

HA

“ Thinking of you almost every day. I wish I had been smarter in my search to get back in touch with you after too much time had passed. When I finally found you, it was too late. But your spirit is with us all, and your teachings. You had a profound influence on me personally. I'll always light a candle for you, too, on our birthday (so honoured we share the same day). Thank you for choosing me as a student, for calling me a “seeker, like you” that day, and for teaching me to teach - and to learn. You are a special light, and your grace and wisdom carry on in all of us who know and love you. Love always, Haley

Haley - March 04, 2018 at 05:40 PM

JJ

“ *Dimitri,
Thank you very much for sharing the video link to one of Marie’s
yoga classes. Marie lives on in so many ways!*

*Marie was my yoga teacher, mentor and spiritual guide over many
years. I first began taking yoga in French with her as a teenager in
Toronto and continued, off and on, for over 40 years. Marie was
encouraging, inspiring, empathetic, insightful and comforting,
depending on what the situation required. She was always
engaged, curious and intellectually and emotionally alive to the
world – a role model for living and aging well. She was a gifted
teacher, and a creative and free spirit who appreciated and
celebrated all that was beautiful and good in life. She will be deeply
missed.*

*Marie’s understanding of the mind-body connection was particularly
helpful to me when I was battling cancer. She worked with me on
positive visualization, culminating in a drawing of me sweeping
cancer cells away with a broom. A huge help when I needed it most.*

*My sincere condolences to her family, and her many friends. Please
keep me posted on plans for a celebration of her life. There is much
to celebrate.*

Julie Jai

Julie Jai - July 26, 2017 at 05:47 PM

DN

“ *Sorry to hear about your mom Helene. Her obituary was interesting
and well written. She was a remarkable woman who led a very full
life.....great portrait by Trudy! Don Norman*

Don Norman - July 26, 2017 at 12:22 PM

SZ

“ I feel so privileged to have had Marie in my life. I have known her for 37 years now. Marie helped me to overcome physical and mental challenges by teaching me authentic Yoga. Eventually I took her Yoga teachers training but did not intend to teach. Soon after graduating, she called me at work and told me that she had arranged a job interview with Parks and Recreation for me. I have been teaching ever since, and ALWAYS tell my students about this amazing lady. She was so inspiring, graceful, elegant, classy, intelligent, wise, kind, compassionate, caring, fun and also mysterious. I never knew her age until a couple of years ago and was shocked, thinking that she was at least 15 years younger than that!!! I love her. I will always love her and I look forward to the time that we meet again in a new form of being. Thank you Marie for touching so many lives with your wisdom and grace.



Namaste,

Susan (Heldt) Zurawski - graduating class of 86

Susan Zurawski - July 25, 2017 at 12:00 PM

BB

“ Marie was a very intelligent and high spirited individual, in a quiet way. I liked the variety of topics she presented at Inquiring Minds and she always contributed at the Ulyssean Society. She was well liked by all. I will miss her.

Bev Bloom

Bev Bloom - July 24, 2017 at 09:10 PM

GK

“ As a Richview high school friend of H el ene's, years later in the early 80s she commissioned me to do a 30 x 22 inch watercolour of Marie, who I had met as a teenager in their Etobicoke home. H el ene proudly had shown me elegant couture modeling photos of Marie pre having her children.

So to have Marie sit several times for a portrait was an experience. She knew exactly what she wanted to emanate.

My condolences to her most wonderful daughter and person H el ene and son-in-law Ron,

and to her whole family,

Trudy

(Gertrude Kearns)



Gertrude (Trudy) Kearns - July 24, 2017 at 10:11 AM



fantastic portrait. So elegant and confident.

Lisa Hillenbrand - July 24, 2017 at 06:59 PM

BF

“ My sincere sympathy to Marie's family. I had the privilege of being a student in her yoga teacher training course. She was a wonderful, elegant woman who has inspired me in so many ways. Her love and knowledge that she has transferred to me will live within for the rest of my life. She will be sadly missed!

xoBetty-Ann Ferreira

Betty-Ann Ferreira - July 23, 2017 at 09:46 PM

JJ

“ Wonderful review of Marie's life in the Saturday Globe and Mail. As a student of Marie's teacher training course, I was lucky to met the most incredible person. Please let us know when you are planning a celebration in September.

Joyce Jacobs

Joyce Jacobs - July 23, 2017 at 07:24 AM

TI

“ I am a long-ago yoga student of Marie's and think of her with warm affection as a gracious and inspiring teacher. She wanted us to be the best humans we could be, both physically and spiritually. The world is the poorer for her loss but I am sure Marie is delighting in new adventures. Thora Illing

Thora K. Illing - July 22, 2017 at 03:42 PM

YH

“ Dear my beautiful mother in law Marie 🦋

I will never forget the first day I met you. Your perfect hair and beautiful apron with high heel shoes, like tv show mom from 70s, with big smile! That was my beginning of sharing life's beautiful journey with you. Thank you so much for all your giving and loving and support. I will miss you dearly. I will always love you and never forget you. Thank you for being the best mother in law anyone could dream of having in their life.

*From your only daughter in law:
Yoon Hee*

Your only daughter-in-law Yoon Hee - July 22, 2017 at 11:05 AM

ES

“ Dear Family.<

i was a participant for many years in Marie's inspiring Yoga classes held in Cathy Graham's third floor attic and later in Linda Haynes ground floor family room. Marie always told us how important good posture was and to always stand tall. She inspired us with her unique comforting and melodious voice, her belief in the mind, soul and body integration that occurred by doing Yoga. She often told us to think of a beautiful place that made us feel happy when we were doing meditation. She had a beautiful,compassionate soul, was a most elegant and gracious woman. I shall always remember Marie with great affection.

Sincere condolences to the whole family.

Elaine Solway, Toronto.

elaine solway - July 22, 2017 at 10:31 AM

DP

“ Marie's Yoga lesson video.

<https://m.youtube.com/watch?v=JoV8rH7EbSY>

Dimitri Paulyn - July 21, 2017 at 03:56 PM

AA

“ 1 file added to the album Memories



Aftercare Administrator - July 18, 2017 at 02:17 PM